

# Incoming Freshman Information Night

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## Class of 2027

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Wednesday, April 12, 2023



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# Tonight's Agenda



- 
- Welcome and Introductions
  - Registration
  - Counseling Supports and Resources
    - When to contact a counselor
    - Wellness and Peer Helping
  - How to effectively use ParentVue
  - Student Course Selection - Academic Planning
  - Freshman Orientation & Back to School Night
  - Signing up for; Athletics, Leadership, Band, Clubs, etc.
  - Opportunities for Parent Involvement
  - Questions?

# Administration Team

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- Grades 9 & 11

**Ame Seibel, Vice Principal**

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- Grades 10 & 12

**Carla Hensley, Vice Principal**

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- Attendance & Flex Time

# Counseling Department

**Maya Lozowski, M.A., PPS**

Counselors for Students Last Names **A-La**

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**Michela Genato Christensen**

Registrar

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College & Career

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# Registration

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1. Students must be enrolled with JUHSD. Feeder school parents @ Bayshore, Ben Franklin, Cabrillo, Fernando Rivera, Ingrid B. Lacy, Lipman, Ocean Shore, Roosevelt, T.R. Pollicita, or Vallemar parents should have received an email from the Jefferson Union High School District regarding enrollment for the 2023-2024 school year.
  - a. If you received an email - follow the instructions in the email to activate your account.
  - b. If you **did not** receive an email, please email [registration@jeffersonunion.net](mailto:registration@jeffersonunion.net) with the following info:
    - Parent Name
    - Student Name and Date of Birth
    - Name of School Student is Currently Attending (8th grade)
2. Once your account is activated, you will be asked to rank your school choices.
3. In Feb/Mar you should have received an email asking you to confirm and complete your registration with Terra Nova. The following documents must be uploaded to complete your student's registration:
  - a. Three proofs of residency (including one parent/guardian ID)
  - b. A TB test or [TB Risk Assessment](#) taken within the last 12 months
  - c. Immunization records
4. Please fully complete all registration prompts and include at least **two to three** emergency contacts
5. You should receive a confirmation email and link to the [Freshman Course Selection Form](#).

# ParentVUE

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- **How do parents/guardians access ParentVUE?**
  - This is the system you used to register your student.
  - A ParentVue link can be found on the terra Nova website and accessible through mobile app
- **How ParentVUE can support you and your student?**
  - Grades and attendance
  - Tracking your student's progress
  - Communication with teachers
- **How often should you check ParentVUE?**
  - Every 1-2 weeks



# When to Contact Your Student's Counselor

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- Navigating High School
- Four year planning and academic progress
- College and Career Development
- Supporting classroom success and learning
  - First Intervention: Parent/Guardian-Teacher Communication
- Medical/health conditions and concerns

# Wellness Support and Peer Helpers

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## When to contact Wellness Counseling about your student....

- Death in the family
- Recent behavior changes
- Lack of motivation
- Self harm
- Social challenges
- Life stressors
- Anxiety and Depression
- Substance Abuse

### Peer Helpers support Freshmen through...

- Monthly classroom visits
  - Building rapport and connection within freshmen class and with upper classmen
  - Modeling positive behavior
  - Supporting high school transition
- Available for peer counseling and conflict mediation



# Freshman Course Selection

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- All freshmen are required to take six classes: English, Math, Biology, Physical Education, Health/Freshman Seminar, and one elective
- Students will select and rank 4 elective options via a google form, [Freshman Course Selection](#)
  - First choice electives are not guaranteed
  - Courses are year long and class changes are only made in the case of computer error or academic misplacement
- Incoming 9th grade Enriched English Placement
  - [Interest Form](#) \*If your student is interested in 9E, please make sure they read BOTH summer books. ALL 9th Grade English Book: **Buddha Boy, by Kathe Koja.**
  - Enriched English Book: **A Tree Grows In Brooklyn, by Betty Smith**
- Math placement is received from the middle schools and is based on multiple measures
- Spanish placement is based on teacher recommendation and performance on a cumulative exam from middle school
- Please review the [23-24 Course Catalog](#) for more detailed course information

# Link Crew and Freshman Orientation (8/1/23)

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## What is Link Crew?

Link Crew is a nationally renowned high school transition program that welcomes freshmen and helps them to feel comfortable during the first year of their high school. Trained Link Leaders (11/12th graders) give them a friendly face on campus and someone to lean on throughout the school year.

- **Freshman Orientation will be held Tuesday, August 1st, 2023 from 8:30am - 2:00pm**
  - Welcoming and introduction to TNHS community
  - Relationship building
  - School Pictures & IDs/Schedules
  - Campus Tour - finding classrooms/lockers
  - **ALL Parent Acknowledgments** and registration must be complete for students to receive their schedule.



Contact Mrs. Christensen if your student cannot attend Orientation for instructions for the first day of school

# STUDENT SUCCESS is a group effort: STUDENTS → SCHOOL → GUARDIANS

## TNHS Parent/Guardian Pro Tips

- Emails come from [donotreply@jeffersonunion.net](mailto:donotreply@jeffersonunion.net), we communicate regularly. If you feel like you missed something, **check your spam folder** then contact the school. **In addition**, most school wide information can be found on our website including our weekly newsletter.
- We will always direct **students to advocate for themselves** in school. If there is an issue, encourage your students to start with the teacher or coach first. If after they have spoken to them and there are still concerns, **reach out to counselors** for support. We are developing independence in high school.
- Encourage your student to join a school extracurricular activity; the beauty of TN is that we have something for everyone. Involved students and families have a more positive and successful high school experience because in the end, it's what they make it. Musicians, athletes, gamers, thespians and everything in between can find a place here.
- There are also opportunities for parents/guardians to get involved, it's more important than ever! (Pg. 15)
- **Flex Time is a gift!** Two - 30 minute periods during the week for extra help, built into the school day! Encourage students to use it wisely by visiting the teacher they could use the most help from.

# Leadership and Student Activities

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## ➤ What is Leadership? (ASB)

Leadership is a graded, zero period class made up of elected student representatives and those interested in helping to create a positive school climate. Ms. Fil is the teacher and leadership advisor.

- Class Meetings
- Spirit Rallies
- Lunch Time Games & Activities
- Community Engagement
- Clubs and Club Fair
- Student Store

## ➤ [Online Application Here](#)

## ➤ Freshman Elections - September

➤ **Drama** - Two major productions a year in addition to concerts, poetry slams, dance recitals, and a variety of smaller performances which are all open to the public.

## ➤ **Marching Band/Color Guard**

- Graded class
- Competitions
- Ensembles (jazz, drumline, etc.)
- Summer Band Camps

➤ **Clubs** - So many options, if we don't offer it, a student can start it

# Tiger Athletics: Student ⇒ Community ⇒ Athlete

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Athletic Director: Chris Cullen [ccullen@jeffersonunion.net](mailto:ccullen@jeffersonunion.net)



- Register on [SPORTSNET](https://www.terranozasports.com) – A link can be found on the TN athletics website, [www.Terranovasports.com](http://www.Terranovasports.com). **\*\*Sports registration for 9th gr will be open mid JULY 2023.**
- Upload Physical – good for one year, best to do in the summer
- TN offers the most Sports in the district, including at least one NO CUT team each season.

Freshmen: Come in Academically Eligible first 6 weeks then a 2.0 GPA is required

- School/League Policies
  - Must attend 4 **full** periods day of game (or day before if Saturday game)
  - Must attend school to participate – If you can't practice, you can't play
  - There is NO MPR (mandatory play rule) in high school
  - NO CONTACT SUNDAYS

# Seasons and Sports (gold color indicates “no cut” sports)

Participating in sports promotes essential skills like accountability, loyalty, integrity & leadership.

## FALL SEASON

Varsity & JV Football

Boys & Girls

Varsity & JV Cross County

Girls Var, JV & FR Volleyball

Boys & Girls

Varsity & JV Water Polo

Girls Tennis

Cheer

## WINTER SEASON

Boys & Girls

Varsity & JV Basketball

Boys & Girls

Varsity & JV Soccer

Boys & Girls

Varsity & JV Wrestling

Cheer

## SPRING SEASON

Varsity & JV Baseball

Varsity & JV Softball

Coed Badminton

Boys & Girls

Varsity & JV Track & Field

Varsity & JV Golf

Boys & Girl

Varsity & JV Swim

## PARENT TEACHER ORGANIZATION (PTO)

- ★ Terra Nova's PTO is dedicated to enabling families, teachers, staff and the community to join forces to promote a positive learning environment for all students.
- ★ Meetings are held at 7 PM on the 4th Tuesday of the month in the Library.



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For Up-To-Date Info

- ★ CONTACT US@  
[tnhspto@gmail.com](mailto:tnhspto@gmail.com)

## ATHLETIC BOOSTER CLUB (ABC)

- ★ The Terra Nova ABC's primary function is to raise funds in support of all athletic programs at Terra Nova. The TN ABC also believes that keeping students involved in high school sports helps promote good health, good grades and school spirit.
- ★ Meetings are held at 7 PM on the 2nd Tuesday of the month in the Library.

- ★ CONTACT US@  
[tn.athleticsboosterclub@gmail.com](mailto:tn.athleticsboosterclub@gmail.com)

## BAND BOOSTERS

- ★ The Mission of the TNHS Band Boosters is to provide logistical and financial support to the TNHS Band programs. Volunteer to Chaperone, Food Crew, Pit <https://www.tneducationfoundation.org/Crew,> Load & Unload Instruments, Make Up, Fund Raising, Donations, Photos, Videos and much more.
- ★ Meetings are held at 7 PM on the 1st Tuesday of the month in the band room.
- ★ <https://www.terranovalbands.org/>

## TN EDUCATION FOUNDATION (TNEF)

- ★ Terra Nova Education Foundation works with the school administration to identify and fund initiatives that drive educational excellence, helping to prepare students for college and productive careers.
- ★ Funding a variety of College & Career Planning needs, 8th grade outreach activities and marketing, SAT/PSAT test prep
- ★ Meetings are held at 7pm the 2nd Thursday of each month in the library.  
<https://www.tneducationfoundation.org/>

# Still Have Questions?

## REGISTRATION/ORIENTATION?

Michela Genato Christensen

Registrar

[mchristensen@jeffersonunion.net](mailto:mchristensen@jeffersonunion.net)

## ACADEMIC?

Maya Lozowski, Counselor

Students with Last Names **A-La**

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Sophia Hutcheon, Counselor

Students with Last Names **Le-Z**

[shutcheon@jeffersonunion.net](mailto:shutcheon@jeffersonunion.net)

## GIVE US A HEADS UP ON AN ISSUE?

Steve Pofahl, 9th Grade Vice Principal

[spofahl@jeffersonunion.net](mailto:spofahl@jeffersonunion.net)

If you were unable to upload registration documents at the time of registration?

[Upload Here](#)