



Condom Availability Program

FAQ's

1. Why are you giving out condoms?

- a. While many people wish teens did not have sex, the reality is 75% of youth have sex before they graduate from high school. The goal of the Condom Availability Program (CAP) is to help keep teens safe and healthy. Research proves condoms decrease both teen pregnancies and Sexually Transmitted Infections (STIs), and therefore increase the chances youth will stay in school. The JUHSD Board of Trustees strongly encourages students to abstain from sexual activity. However, the Board believes all students deserve to be safe and healthy; therefore the Board has taken steps to prevent the spread of STIs by implementing CAP for high school students. (Board Policy 5141.25, Revised 9/1/15)

2. Why on campus?

- a. For years it had been JUHSD policy that students can leave campus to come to the Daly City Youth Health Center (DCYHC) for healthcare, including contraceptives. Many students find it difficult to get to DCYHC. Teens have to leave campus and often miss multiple periods of education. With CAP on campus, students can stay on campus and stay in school. This brings JUHSD in line with other bay area school districts, who adopted similar, time-tested health policies in the early 1990's to prevent teen pregnancies and STIs.

3. Doesn't that promote sex?

- a. Studies have shown condom availability does not increase sexual activity or increases the age of initially having sex, but it makes it more likely for someone to use a condom when they do have sex thus preventing unintended pregnancy and STIs. (Andrzejewski, J., Liddon, N., & Leonard, S. (2018). Condom Availability Programs in Schools: A Review of the Literature. Journal of Adolescent Health, 62(2), S69. doi:10.1016/j.jadohealth.2017.11.140)

4. How does a student get condoms?

- a. All students may receive condoms from trained staff, DCYHC staff, Wellness Counselors, or trained peer educators.

Condoms are always available at DCYHC – no questions asked.

5. What is in a condom bag?

- a. 5 condoms, a packet of lubricant, and condom instructions.

6. Who pays for this?

- a. CAP is a program of DCYHC. This is not funded by JUHSD general funds. The majority of the condoms were donated by the AIDS Healthcare Foundation and Essential Access Health.

7. Where can a teen get other forms of birth control, get tested for pregnancy or STIs?

- a. DCYHC is JUHSD's school-linked health center. DCYHC provides primary care services for uninsured, low-income youth and reproductive healthcare for all youth. Under California law, teens can receive confidential reproductive health care from their primary care doctor, including DCYHC.

8. Where can I get more information?

- a. Contact the Daly City Youth Health Center at 650.985.7000.