

# PARENT RESOURCES

## SCHOOL STAFF

**Principal-** Mr. Jason Brockmeyer 550-7771

**Vice-Principal Administration-** Ms. Jordan Santana 550-7773

**Vice-Principal Guidance-** Ms. Leticia Gonzalez 550-7796

**Dean of Students-** Ms. Amy Thwaite 550-7772

**Parent Liaison-** Mr. José Villalobos 550-7783

### Guidance Counselors

**Class of 2016-** Mrs. Donna Kaplan 550-7788

**Class of 2017-** Mrs. Donna Kaplan (Last Names A-C) 550-7788

Ms. Regina Biagini (Last Names D-O) 550-7789

Mrs. Shannon Paras (Last Names P-Z) 550-7786

**Class of 2018-** Mrs. Shannon Paras 550-7786

**Class of 2019-** Ms. Regina Biagini 550-7789

**Wellness Counselor-** Ms. Jasmine Genove 550-7839

## Mental Health Counseling

Call Your Health Insurance Provider  
for a Referral

YMCA, Pacifica Youth Service Bureau 650-355-3900

*Reduced Fee Based on Need*

Star Vista 650-591-9623  
[star-vista.org](http://star-vista.org)

## Emergency/Crisis Intervention Legal

Juvenile Court 650-312-5395

Legal Services for Children 415-863-3762

**Mediation Services** 650-513-0330

Alcohol & Drug Helpline	650-573-3950
CA Poison Control	800-876-4766
CA Youth Crisis Line	800-843-5200
Child Protective Services (CPS)	650-595-7922
Daly City Police Department	650-991-8092
Parent Support Line	650-579-0358 888-220-7575
Psychiatric Emergency Services	650-573-2662
Rape Trauma Services	650-692-7273
San Mateo County 24-Hour Crisis	650-579-0350
Shelter Bed Hotline	800-774-3583
Crisis Intervention & Suicide Prevention	800-SUICIDE 650-579-0350
Community Overcoming Relationship Abuse (CORA)	800-300-1080

## Alcohol/Tobacco/Drug Abuse

Asian American Recovery Services	650-243-4850
Pyramid Alternatives	650-355-8787
StarVista INSIGHTS	650-366-8436
Tobacco Use Prevention Ed.	650-348-6603

## Health

Daly City Youth Health Center <a href="http://dalycityyouth.org">dalycityyouth.org</a>	650-985-7000
Daly City Clinic	650-301-8600

## Parenting Teens Education

Kaiser Permanente	650-742-2130
The Parent Project (open to non-members)	

## Cyberbullying

[onguardonline.gov](http://onguardonline.gov)

## FREE TUTORING

### Children's Empowerment, Inc.

#### Homework Center @ Jefferson High

HOURS: Mondays-Thursdays 3:00-5:30 p.m.

LOCATION: JHS Library

### Daly City Public Library

[main.daly.ca.brainfuse.com](http://main.daly.ca.brainfuse.com)

Live Academic Assistance

Daily, 1-10 p.m. PST

### Khan Academy

[khanacademy.org](http://khanacademy.org)

Online Tutoring

## STAY CONNECTED

[jhs.juhsd.net](http://jhs.juhsd.net)

Jefferson High School Website  
Synergy Parent Portal

PTSA

[JeffersonPTSA@gmail.com](mailto:JeffersonPTSA@gmail.com)

For teacher e-mail addresses, please go to  
the Jefferson High School website.