



Jefferson Union High School District

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Michael J. Crilly
Superintendent

April 28, 2009

Dear Parents:

This letter is to inform you that we have been in close contact with the San Mateo County Health Department concerning preparations for a potential swine flu outbreak. It is important to know that as of April 28, 2009, **there is no swine flu reported in San Mateo County**. Our top priority is the safety of your students and the staff who serve them.

Local health officials are working closely with state and federal health authorities. There have been cases of swine flu in California. All of those cases have been mild to moderate and those infected have recovered or are currently recovering.

To keep the flu from spreading to more people, we ask you to keep sick students home. Any students who are sick in school will be sent home.

Public health officials want you to protect yourself and your family against swine flu. Here are some ways to stop the spread of germs and sickness and take care of your family.

- Keep students who are sick at home. Do not send them to school.
- If someone in your home is sick with flu-like symptoms including a fever, contact your doctor or health care provider.
- People who are sick should stay home from work or school and stay away from other people until they are better.
- Remind your children to wash hands a lot with soap and water for 20 seconds. Be sure to set a good example by doing this yourself.
- Teach your children to cover coughs and sneezes with tissues or by coughing into the inside of the elbow. Be sure to set a good example by doing this yourself.
- Teach your children to stay at least six feet away from people who are sick.

If you need additional information, you may call the school district (650-550-7969) or visit San Mateo County Health System online at www.smhealth.org/swineflu or call the Health Emergency Information Line: (650) 372-8572. Additional information is available on the Jefferson Union High School District Website www.juhsd.net

Sincerely,

Michael J. Crilly

Michael J. Crilly
Superintendent