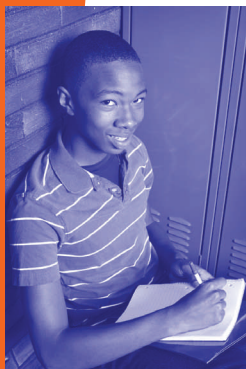


# Parents' Survival Workshops Understanding Your Teen

**Free Workshops  
Free Childcare**



**Learn to communicate with your teen while  
connecting with other parents**

Drop in at any session or come for all.  
Receive a certificate for attending 4 or more sessions.

**Wednesdays, 6-8 pm**

- 10/7 Understanding the Teen Brain**
- 10/14 Dating and Teen Relationships**
- 10/21 Connecting with Your Teen**
- 10/28 What's a Tweet? Technology and Today's Teens**
- 11/4 Teen Health Concerns**
- 11/18 Why Teens Misbehave**
- 12/2 Anger Issues**
- 12/9 Drugs and Alcohol**

\*Please note there will not be workshops on  
11/11 or 11/25



**Location:**

**Jefferson High School  
6996 Mission Street  
Daly City, CA 94014**

For more information  
call Jane T. Hipe, MA, MFTI  
650-985-7018

